



A NEW opportunity to volunteer at Manly Memorial:

Be a host for occasional workshops/information sessions held at Manly. No specific skills required – Ensure that church doors are unlocked, greet the trainers and attendees, acquaint them with the space to be used, restrooms, etc., and lock the building at the conclusion of the session.

The first one is **Wednesday, August 22nd**. **Carole Judy** has offered to be the host for this workshop – Mental Health First Aid Training. This workshop is geared to recognizing symptoms of mental illness/substance use by Youth, and how to connect the person with help.

The next one is **Saturday, September 8th**, from **10:00 until noon**, with a light lunch following, provided by Intercept. This is a foster family information session presented by Intercept Youth Services.

A host is needed for this session.

Intercept Youth Services has several offices, Waynesboro, Lynchburg and Harrisonburg being two of them. The need for foster homes is increasing and they need a place to hold an information session. Currently some local children are being placed in foster homes outside of Rockbridge County because of an inadequate number of foster parents in our county. This is not in the best interest of the children and Intercept is trying to correct the issue. Again, Manly can help in a small way by providing a place to hold the session.

On **Monday, September 10th**, from **8:30 am to 5:00 pm**, another Mental Health First Aid Training will be held, and this workshop is geared to recognizing symptoms of Adults. **A host is needed for this workshop – 2 volunteers could split the day if that were more convenient.**

The mental health trainings are taught by certified trainers from CSB (Community Services Board). The number of suicides and attempted suicides are higher than average in Rockbridge County. There is a need for more education in the community, and Manly can help in a small way by providing a place for the trainings.

Please consider volunteering to be a host! Contact Alysán Raymond, Family Life Coordinator at Alysán.rae.raymond@gmail.com for more information about these events and how you can help!



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